# AppDynamics Essentials

Welcome to the AppDynamics Application Performance Monitoring (APM) Platform, version 4.5. AppDynamics helps you to understand and optimize the performance of your business, from its software to infrastructure to business journeys.

This documentation introduces you to the AppDynamics APM Platform. It describes concepts and procedures for the Platform that are common across the AppDynamics product modules, from APM to Application Analytics, End User Monitoring, and more. It also covers the Controller UI, the browser-based console you use to understand, configure, and troubleshoot your application environment.

To report issues with the documentation, email the AppDynamics docs team at docs@appdynamics.com.

## New to AppDynamics?
- Getting Started
- AppDynamics Concepts
- Deploy AppDynamics
- Platform as a Service Integrations

## Collaborating
- Manage Users and Groups
- Custom Dashboards
- Virtual War Rooms
- Health Rules

## Product Homes
- Application Monitoring
- End User Monitoring
- Database Visibility
- Server Visibility
- Application Analytics

## Other Resources
- Community Forums and Knowledge Base
- AppDynamics Help Center
- AppDynamics Exchange
- Support (login account required)